

YELLOW BIRD

SPRING GARDEN TIPS

RECONNECTING TO GRANDMOTHER EARTH - PROVIDING SUSTENANCE



When planning your garden, think about creating a beautiful space that you will enjoy. A space to nurture your plants and flowers and reconnect with grandmother earth; in turn you and your family will be nurtured.

EARLY APRIL

- Before you plant/disturb the Earth, pray offer tobacco, give gratitude
- Make a list of what you would like to grow in your garden.
- Examples of Favorites: Corn, squash, pumpkins, cabbage, tomatoes, peppers, onions, lettuce, spinach, carrots, cucumbers and potatoes.
- Remember if your planting in a garden box, you have less space.
- Select flowers to grow that will attract the bees to pollinate.
- Locate easy access, sunny place for garden.
- Use tarps to cover ground to kill any weeds or grass in garden area
- Work the soil as little as possible, our soil relatives will stay healthier
- Till the earth only if needed, we focus on no till gardening
- Beginners can utilize a small garden bed
- build garden bed with wood planks, landscape fabric, nails or drill bit
- Fill with rich soil, including fertilizer
- Plant inside: Tomatoes, Peppers, Onions, Celery, Herb, & flower seeds ASAP, water as needed with plenty of sunlight.

MID APRIL

- Before you plant/disturb the Earth, pray offer tobacco, give gratitude
- Plant inside: start Squashes, Melons and Cucumber from seed
- Plant in prepared beds: Beets, Carrots, Cilantro, Greens from seeds, and onion starter plants
- Water all seeds & plants, inside/outside to be moist, not too wet or too dry

END OF MAY

- Before you plant/disturb the Earth, pray offer tobacco, give gratitude
- Plant in Garden and/or Garden bed
- Mark rows and identify where and what you are planting
- Plant all starters, potatoes and seeds in garden
- Plant Three Sisters - beans, corn and squash together
- Use cold liquid fish, liquid compost, aged manure, organic alfalfa meal for fertilizers
- Cover tender plants with hoops and garden covers on cold nights
- Water as needed

WATCH FOR
GARDEN
PLANTING TIPS



YELLOW BIRD
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