

# FOOD SOVEREIGNTY GARDEN PROGRAM

• GARDENING • FOOD SOVEREIGNTY • PLANT MEDICINE • TRADITIONAL ECOLOGICAL KNOWLEDGE • HEALTH & WELLNESS

## TIMELINE 2022

*Creating a Healthy Community*

- April 13 Sign Up Opens
- April 16 Food For Life, Yellow Birds Virtual FS Health & Wellness Program begins on FB Live.
- April 27 Sign Up Closes
- April 29 Notification of New Applicants to program
- Begin distribution of Early Seed Starter Kits/Indoor
- April 30 New Moon, Begin Planting of Indoor Seeds
- May 1-15 Planning and Design of New Applicant Garden
- May 15 Begin Distribution of Seeds for Outdoor Planting, Starter Plants, Supplies, Soil, & Fertilizer
- May 23 Last Frost
- May 30 New Moon
- May 15 - June 5 Planting Gardens
- Aug. Distribution of Canning Kits
- May-Sept. Garden Season, Site Visits

Sign up NOW [www.yellowbirdlifeways.org](http://www.yellowbirdlifeways.org) or call 406.477.8781

*Serving families on or surrounding the Northern Cheyenne Reservation, MT*



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